



## Annual Report

(April 2017 – March 2018)

## OUR MISSION

Provide programs and services to promote the physical, emotional and social well-being of adults 55 years and older, living in our diverse community.



## ABOUT THE COVER

Why 'Wayfinding'? If wayfinding is discovering the most efficient route to a destination by utilizing specific signs and markers, then "wayfinding" is an apt description of NYSC's experience—especially in the last year.

When we look back at the last year, a number of milestones and markers stand out which have shown us how far we've come in our journey. It was the last year of our 4-Year Strategic Plan. It was also the same year that we embarked on defining new objectives with only one "destination" in mind: enhance the lives of adults 55+.

To achieve this we took directional cues from many sources. We asked NYSC volunteers for their honest, frank feedback. We spoke at length with NYSC front line employees who directly interact with our clients on a daily basis. And most of all, we asked our members and clients for their recommendations on how we could best serve them so they can have more opportunities to enjoy the best of what life has to offer.

This report covers the period from April 2017 through March 2018. It strives not just for financial transparency; it also shares how your donations help enhance—and in many cases, truly transform—the lives of seniors in our community as we continue to move forward.

## ABOUT NYSC

ENHANCING THE LIVES OF SENIORS

We are a not-for-profit organization started by a small group of seniors who wanted a place where they could play cards, have fun, and just hang out.

In 1974, the mayor of the then City of North York, Mel Lastman, granted us a storefront at Cummer Plaza. We have come a long way since then.

We've grown into a multi-site organization, and expanded our services to meet the diverse and changing needs of the community we serve.

We provide programs and services to help adults 55+ stay active, healthy and socially connected. We also strive to enhance the lives of seniors who need assistance to live safely and independently in their homes.



Enhancing Lives

## A MESSAGE FROM THE CHAIRPERSON AND THE EXECUTIVE DIRECTOR

Against a backdrop of shifting tides, limited funding and changing needs in the community, NYSC proudly continues into our 45<sup>th</sup> year of service to our stakeholders.

We thank everyone involved in the organization for their dedication, enthusiasm and commitment. This includes the more than 360 people who volunteer their time, expertise and energy to keep our services responsive and exciting, and the more than 100 full- and part-time staff whose compassion and commitment to our clients, members, volunteers and services are second to none. It also includes the 14 dedicated volunteers who served on the Board of Directors this past year that kept our vision and mission foremost in our minds as we worked to achieve the highest level of care to those we serve.

The contributions of each and every one of our volunteers and staff that help us build a strong and vibrant community are truly an inspiration.

The past year at NYSC has been about wayfinding, as this annual report describes. We embarked on a journey, as we came to the end of our four-year strategic plan, to ensure NYSC is well positioned to continue to deliver high quality, meaningful service to the community we support. Critically, we achieved this in conjunction with input from our various stakeholders. These stakeholders included both those who interact directly with NYSC, such

as our clients, volunteers and staff, as well as those who support what we do, namely our funders and service partners.

Throughout the 2017-18 year, we worked closely with our major funder, the Central Local Health Integration Network, to ensure NYSC effectively delivers on the commitments outlined in our service agreement. It also brought us continued success in financial backing as we secured program stream funding from the United Way Toronto, continuing our long-standing partnership. The United Way Toronto will soon integrate with GTA United Ways, including York and Peel Regions, so maintaining our current level of funding was a significant achievement.

We also celebrated our partnerships with other community agencies that help us to provide a wide array of services. In the current landscape, no single agency can do it all. We are proud to work with many respected organizations – big and small – to ensure our clients' needs are met, and we will continue to look for these opportunities.

Thanks to the input of our stakeholders, the Board is delighted to present our 2017-2021 Strategic Plan. The key priorities of that plan are:

- Put our clients' care and needs first
- Define and communicate our value



Peter Fuchs



Candace Thomson

- Invest in those who provide service
- Create partnerships and integrated services
- Drive operational efficiency and organization sustainability

Over the next four years NYSC will be improving client flow through the organization; revisiting our mission vision and values to ensure they are meaningful and current; developing partnerships for efficient service delivery; developing our human capital, continuous quality improvement framework and financial sustainability; and reviewing our governance structure.

NYSC has successfully navigated another complex and challenging year. We look forward to providing spectacular care in 2018-2019.

Respectfully submitted,

**Peter Fuchs**  
Chairperson, Board of Directors

**Candace Thomson**  
Executive Director

## PROGRAM RESULTS...





# ACTIVE LIVING CENTRE

A Place for Energy, Creativity and Community

Located at 21 Hendon Ave, our Active Living Centre (ALC) encourages adults 55 and older to stay active and socially engaged during their retirement.

Programs at ALC include arts and crafts, exercise classes, health and wellness services, lifelong learning classes, multicultural social clubs, recreation and leisure activities, special events, and opportunities for travel.

ALC includes a well-equipped fitness centre, and a café, which is open for breakfast and lunch from Monday to Friday, and serves up hot meals throughout the year.

## FACTS AND FIGURES

- Offered 86 distinct programs, health and wellness services
- 2,465 adults 55+ were served; 70% were ALC members
- 90,950 hours of programs and services were delivered
- 9,730 meals were served at The Café
- 87% of members were 65+ and 76% were women
- The majority of members were from these cultural communities: Canadian, Chinese, Korean, Jewish, and Persian.

## SURVEY HIGHLIGHTS

At the end of each year, we conduct a Client/Member Satisfaction Survey to find out how well we are doing our work.

- 97% of members felt that their instructors were friendly, courteous, professional, and respectful.
- 93% of members who accessed registered programs shared that their needs and expectations were met—a 23% increase from last year.

## Client Stories

*Jane first found out about the ALC through her daughter when they took a class together two years ago.*

*She has been a member ever since and now even regularly volunteers at the Centre — you'll find her at Reception on Tuesday mornings, and at the travel desk on Fridays. She recently joined the members' council as the Reception and Wellness representative.*

*When asked what she likes about the Centre, she shared, 'I like coming to the Centre because of the welcoming environment, the variety of services and programs offered, and all the great people here. I also made new friends with some of the volunteers!'*





## A DAY AWAY CLUB

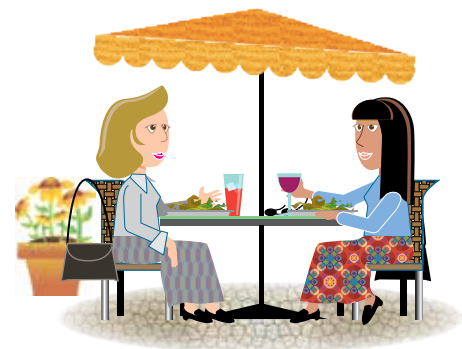
*For the Mind, Body and Soul*

Located at 80 Sheppard Ave W, A Day Away Club (ADA) caters to seniors dealing with physical frailty or cognitive impairment, including Alzheimer's disease and other forms of dementia.

We provide them an opportunity to spend a day in a safe and caring environment participating in activities tailored to their needs.

A team of trained and caring staff supervise their daily activities, which include lively group activities, exercises, group dining, arts and crafts, and special events.

ADA also benefits caregivers, as it gives them a chance to catch up on errands, meet with friends, or enjoy some much deserved "me" time.



### FACTS AND FIGURES

- 79 clients were served; the majority of them were 75+
- 6,744 days of programs were delivered, which means that, on average, each client spent 85 days in ADA enjoying activities of their choice.
- New types of programs were launched which encourage clients to paint and dance when they want, and use technology at their leisure.
- A Snoezelen cart was also introduced, a mobile device which helps ADA clients to engage and communicate.
- Younger clients who wanted to feel productive were encouraged to assist program staff; this gave them a new sense of purpose.

### SURVEY HIGHLIGHT

100% of clients' caregivers rated the program as excellent or very good.

## Client Stories

*'Kathy's smile and laughter upon arriving and departing the program is a tribute to NYSC for the care and devotion you all show.'*

*'Seeing Kathy's smile, in reaction to ADA, makes these otherwise challenging times much easier to manage. From the great welcoming reception to not making me feel guilty when I'm the last one to pick up.'*

*'For all the above and much, much more. Thank you.' – Les // husband*





# CLIENT SERVICES

## Supporting Seniors and Their Families

Our Client Services team makes it easier and safer for seniors to stay in their homes and maintain their independence.

They provide a variety of services: friendly visiting; information and referral; security check, and transportation. Seniors who would benefit from social interaction can sign up for the Social Club and spend an afternoon of exercise, discussion, and special events with friends.

We recognize that caring for aging family members can be overwhelming. For those caring for seniors, we offer day and evening caregiver support groups. These sessions help caregivers manage stress and provide professional and peer support.



### FACTS AND FIGURES

- 1,354 seniors served; most clients lived alone, followed by those who lived with their spouse.
- 434 caregivers were supported; delivering 5,896 hours of counselling, education, workshops, and other services.
- 11,743 trips were made bringing clients to their medical appointments, social events, and adult day program.
- 12,022 friendly visits, security check, information and referral were completed.

### SURVEY HIGHLIGHT

92% of clients who participated in the survey shared that their case coordinators were helpful, knowledgeable, and approachable.

## Client Stories

*‘I have been coming to the [caregiver support] group for several years now. It’s nice to get out of the house and have friends to share my experience with. ‘If only I could get away more often, but it’s so difficult because my husband is very hard to care for.’ – Sue // Wife and Caregiver*

*‘I was recently matched with a volunteer [from the Friendly Visiting Program] who reads the newspaper to me. This is very helpful because my eyes don’t work so well anymore.’ – John // Client*

*Bahar attends our Social Club and enjoys the weekly activities. She shares, ‘Bevon is so lovely and her program is such fun to attend! Each week I look forward to coming.’ – Bahar // Client*





In Home Services

Making Life Easier at Home and in the Community

In Home Services are for homebound and isolated adults and seniors who need help to live safely and independently in their own home or during a hospital stay.

Our certified and friendly personal support workers (PSWs) assist them by providing personal care (bathing, dressing, toileting), light housekeeping, meal preparation, and companionship.

Home support is available 24/7. Seniors may avail themselves of this service for a number of hours or for a specified period of time.

FACTS AND FIGURES

- 348 clients were served; most were 75+.
- 22,156 hours of home support for clients in the community were completed.
- 37,390 days of in-home services for clients who live in the three assisted residential buildings were delivered.
- The top three most requested services were personal care, housekeeping, and laundry.
- 73% of clients were women.
- The majority were from the following cultural backgrounds: Canadian and Russian.
- 57 PSWs received continued training on effective communication with clients and client handling procedures.

SURVEY HIGHLIGHT

98% of clients who took part in the focus group discussion expressed that they feel less isolated because of PSWs who come to help them.

Client Stories

Anna had been our client since 2011 and received 14 hours a week of care from our PSWs.

Anna’s daughter conveyed her appreciation for the help and support that was provided for her mother.

She shared, ‘I don’t know how my mother could have lived independently all these years without years of help from NYSC.’

– Jennifer // Daughter



THE YEAR IN NUMBERS

ACTIVE LIVING CENTRE	
CLIENTS.....	2,465
HOURS OF SERVICE DELIVERED .....	90,950
VOLUNTEERS.....	224
EMPLOYEES.....	5

A DAY AWAY CLUB	
CLIENTS.....	79
HOURS OF SERVICE DELIVERED .....	6,744
VOLUNTEERS.....	26
EMPLOYEES.....	6

CLIENT SERVICES	
CLIENTS.....	1,788
DAYS/UNITS OF SERVICE DELIVERED .....	30,164
VOLUNTEERS.....	11
EMPLOYEES.....	10

IN-HOME SERVICES	
CLIENTS.....	348
DAYS OF SERVICE DELIVERED .....	56,293
VOLUNTEERS.....	4
EMPLOYEES.....	33



# FUNDRAISING EVENTS AND GRANTS

## GRANTS \$93,000.00

A Day Away Club and office renovation (Sheppard location), Central LHIN	\$40,000.00
Elder Abuse Awareness Workshop, The Ministry for Seniors and Accessibilities	\$8,000.00
Staff Training, Central LHIN	\$18,000.00
Senior Active Living Fair, The Ministry for Seniors and Accessibility	\$2,000.00
Washrooms renovation, New Horizons for Seniors	\$25,000.00

## FUNDRAISING \$44,413.13

Better with Age	\$17,214.00
Direct Mail	\$10,650.63
Fashionable Fundraiser with Talbots	\$559.10
Fairs and employee giving	\$3,900.00
NYSC Challenge	\$12,089.40

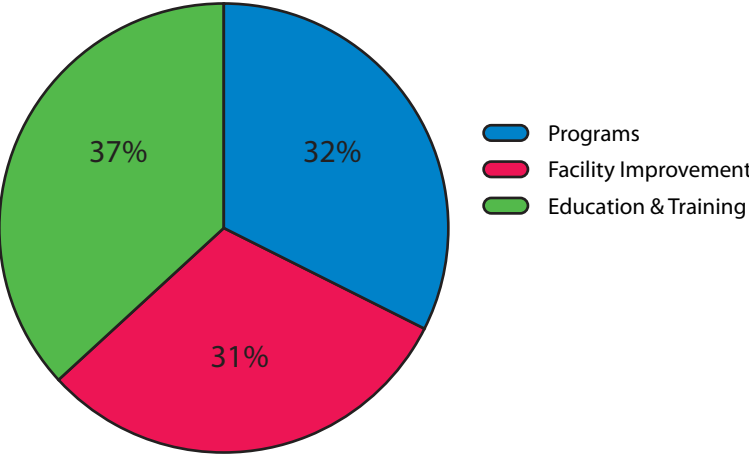
## GIFTS IN-KIND \$67,259.00

Impark	\$11,808.00
Second Harvest <sup>1</sup>	\$46,630.00
Event sponsorships	\$8,821.00

<sup>1</sup>From September 1, 2016 to August 31, 2017, Second Harvest delivered 18,652 pounds of food to North York Seniors Centre, a donation valued at \$46,630.00.

## VOLUNTEERS' CONTRIBUTION CASH EQUIVALENT: \$355,904

Areas Where Volunteers Work	# of Volunteers	Total Hours
Active Living Centre	224	22,899
A Day Away Club	26	1,424
Board of Directors	14	131
Central Administration	27	318
Senior Care	11	632
Assisted Living	4	4
<b>TOTAL</b>	<b>306</b>	<b>25,422</b>



# FUNDING OUR WORK

BASED ON MARCH 2018 AUDITED FINANCIAL STATEMENTS

To support our work during the fiscal year ending March 31st, 2018, we raised funds from a variety of sources:

- Donations from generous individuals and companies;
- Grants from Canadian government and other sources and;
- Special events.

## WHERE YOUR MONEY WENT

We work hard to make sure that every donation goes directly toward enhancing lives of seniors in our community.

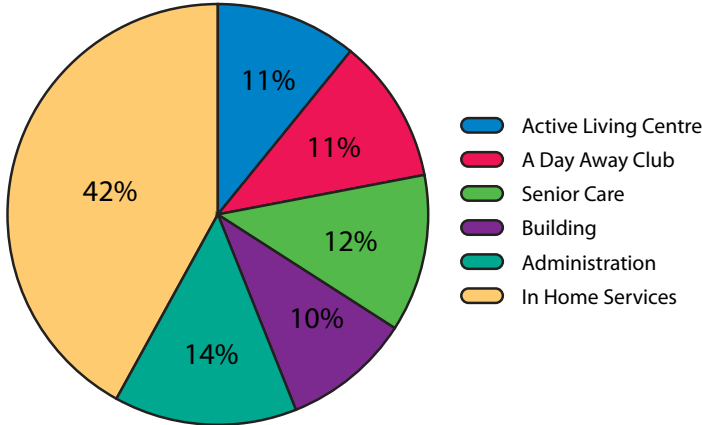
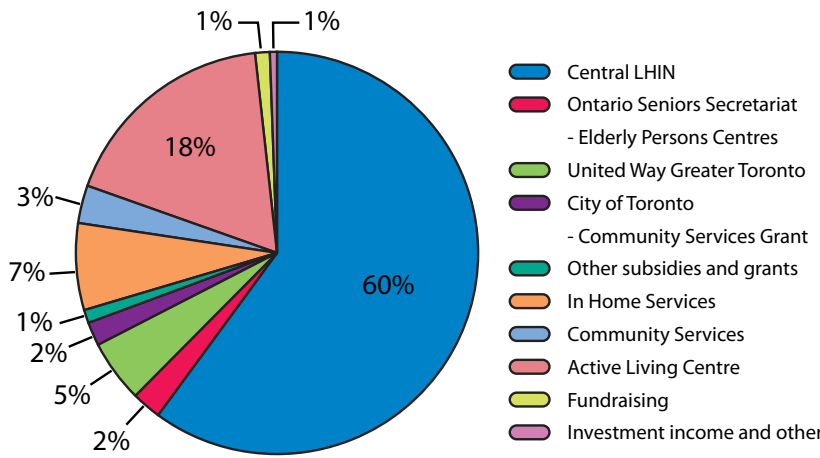
In FY2018, for every dollar you donated, 85 cents went to fund programs and services that matter to seniors. The rest was used for administration and fundraising.

## REVENUE \$4,583,176

Central LHIN	\$2,759,036
Ontario Seniors Secretariat - Elderly Persons Centres	\$115,400
United Way Greater Toronto	\$220,221
City of Toronto Community Services Grant	\$93,889
Other subsidies and grants	\$133,690
In-home Services	\$263,453
Community Services	\$696,149
Active Living Centre	\$254,094
Fundraising	\$43,045
Investment income and other	\$4,199

## EXPENSES \$4,429,308

Programs and Services	\$3,796,895
Administration	\$244,575
Building	\$312,814
Repairs and maintenance	\$75,024





# Thank You! YOU MADE IT HAPPEN...

## ORGANIZATIONS

Actax-Canada & Actax Interactive	Canterbury Place Retirement Residence	Gibson Retirement Residence	Lansing Retirement Residence	RBC Royal Bank of Canada	Talbots Canada Corp.
Amica at Bayview Gardens Retirement Residence	Cedarhurst Dementia Home Care	Gordon's Estate Services	ListenUP Canada	RE/MAX Unique Inc.- AccessibleHomeFinder.com	Teddington Retirement Residence
Amica at Bayview Retirement Residence	Choices	Hatcher Florist	Living Life on the Avenue Retirement Residence	RMI Promo Inc.	Thesign Construction Management Inc.
avoidprobate.ca	Claremont Retirement Residence	Hearing Solutions	Memory & Company	RPM Academy	Topcat Downsizing and Moving
Bayshore Home Health	Comfort Keepers	Heart to Home Meals	Mosaic Home Care Ltd.	Senior Care Connect Inc.	Urban Poling Inc.
BMO Employee Giving	Compu2000	Here to Care	NHI Nursing and Homemakers Inc.	Senior Discovery Tours Inc.	Versatile Accessibility
BrightStar Care of North York	Delmanor Northtown Retirement Residence	Home Instead Seniors Care	Older Adult Centres' Association of Ontario	Shop Retirement Homes	Vertraete Travel
Canada Hearing Centre	Downsizing Diva	Jerrett Funeral Home & Life Celebration Centre	Pawsitive Productions Inc.	Spectrum Health Care	Whole Foods Market
Canadian National Railway Company	Epicure Catering Inc.	K & H Audiology Inc.	Philips Home Healthcare	St Bernard's Retirement Residence	World Financial Group
	Forestview Retirement Residence	Kiss the Cook Catering	Philips Lifeline	Sunnybrook Health Sciences-St John's	York Cemetery & Visitation Centre
			R.S. Kane Funeral Home		80 Sheppard Avenue West Ltd.

## INDIVIDUAL DONORS

Agathoulla Markou	Andrew & Jane Teasdale	Barbara Rogerson	Carol Brown	Chon Kim	Seelenmayer
Agnes Wong	Andrew Marcus	Barrie Li	Carole Brandt	Choy Sim Wong	Don Beattie
Ailene Marcelino	Angela Marley	Basu Bose	Caroleen Brown	Christine Couperthwaite	Donna Drummond
Alan & Sheila Buffin	Ann Padmore	Ben Moshe	Carolyn Ward	Claudia Zuccato Ria	Doreen Scott
Alanna Decristoforo	Anna Leanore Fereaud	Betty Gurland	Caterina Valentino	Colin Wood	Dorothy Adair
Alberta Alton	Anna Wai	Betty Murphy	Catherine Smith	D. Jeanne Puckering	Douglas Alderson
Alice Nicholson	Annelise Bork	Betty Phillips	Catherine Vun	Danilo de Vera	Duarte Dupoint
Alice Chou	Annetta Lau	Bevon Boothe	Cecilia Stevens	Darlene Scott	Dyane Lynch
Alice Tsang	Anthony Gauci	Bianca Marcus	Cedric & Julia Paes	David McLimont	Earl Le Blanc
Alice Yong	Antoinette McCabe	Bill Held	Celerina Marzan	Delores Stevens	Eileen Neuts
Amanda Feng & Norman Woo	Ariela Rojek	Bonita Bellefontaine	Celia Feng	Deron Fung	Elizabeth Craig
Amanda Slonin	Arlene Lewis	Brian Richardson	Chalysa Burgess	Diana Chan	Elizabeth Khosla
Amy Paul	Arnold Marcus	Brian Willick	Charles Mayne	Diana Churchill	Elizabeth Ludgate
Ana Fereaud	Barbara Auer	Carmen De Souza	Charles Szeto	Diana Diaz	Elizabeth Marshall
	Barbara Levine	Carol Annett	Charrisse Garibay	Dietmar & Kathryn	

Elizabeth O'Brien	Ian Williams	Judy Marshall	Louisa Appiah	Molly Lau	Rosemary Schon	Sue Tiffin
Elvine Jin	Ina Demme	Julia Drew	Louisa D'Costa	Myra Kostiw	Rosie Leung	Sunny Chiu
Emily Jaarsma	Ingrid Burian	Julia Iosub	Ludmila Bachmutsky	Nadine Crafton	Roz Bauer	Susan Stevens
Emmanuel & Juliette Mankowitz	Irene Swinson	Jung Wook Kim	Lynn Lee	Nikko Lim	Ruby Pyper	Susan Walsh
Emmerson Shillingford	Irenea Javier	Jutta Polomski	Madelaine Hare	Noemi Matienzo	Rui Lu	Suzanne Farache
Erin Andrews	Iris Pantlitz	Jynx & Hogan Thomson	Mafalda Zanini	Nona Schnell	S. Kathleen Marshall	Svetlana Kobiashvili
Esther Cowan	Ivan Tom	Kachiko Ono	Mahin Zaeimi	Norma Poulton	Sadie Madden	Tamar Shapiro
Esther Po	Jacob Vallentin	Kam Mark	Mahrukh Soparivala	Parvin Jallili	Sarah Chung	Timothy Pellew
Eva Tihanyi	James Allicock	Kamil Novinskiy	Manijch Tarkian	Pat Hareguy	Sarah Herlin	Tom & Linda Rataj
Evelyn Lax	James Jenkinson	Karen Hudes	Manouchehr Farahmand	Pat Madden	Sean Roy	Tom McLean
Evelyn Wong	Jamie Bracken	Karen Parsons	Marcia Bell	Patricia Cochran	Seemoir Ho	Toshiko Kikuta
Fatemah Ghirvanian	Jan Grammick	Kate Kukor	Margaret Campion	Patricia Merrill	Selma Opler	Tracey Woo
Felix Yagudin	Jane Chen	Katherine McLeod	Margaret Murray	Patricia Smith	Shahideh Baghai	Vanessa D'Costa
Florence Kingston	Janet Batchelor	Kathleen van den Berg	Margaret Opekar	Paul & Therese Duchesne	Shannon Ryan-Neal	Vidya Budhram Johnston
Florizel Brown	Janet Waisglass	Kelly Lowry	Margaret Smith	Paul Emond	Sharon Gold	Vivian Wu
Fong Lee	Jason Wu	Khorshed Patel	Maria Almeida	Paul Lau	Sheena Abeysinghe	Warren Chan
Frances Cappe	Jean Baston	Kin (Andy) On Wong	Maria Jeong	Peggy Ellery	Shem Shillingford	Wendy Francis
Frances DiCarlo	Jeanny Van Patter	Kristen Caballero	Maria Mabel Garcia	Peter Chan	Sheryl Adelkind	William Carlos
Frances Grant	Jer Homavazir	Kriti Bhatt	Marianne Ardolino	Peter Fuchs	Shevon Northcott	William Hagan
Frances Molleken	Jesse Bok	Kyle Stevens	Marie Kwong	Phyllis Weinrib	Shirley Clinkard	William King
Gabriel & Annie Theodoropoulos	Jill Ryan	Kyoung Ae & Su-Hwan Jee	Marilyn Johns	Poh Lin Liew	Shirley Grant	William Krever
Garnet Ellery	Jill Zakary	Kyujin Kim	Marjorie King	Pops de Vera	Shirley Hutchison	William Tynkaluk
Geneva Shillingford	Jinnilyn Bravo	Lana Sokolova	Marjorie Medley	Raffy Navarro	Shirley Murray	Winston & Mildred Theobalds
Georgina Johns	Joan Millar	Leila Bessada	Marlene Rafanan	Ralph Gouda	Siavash Mihandar	Wladyslaw Alexander
Gerald Bolt	Joan Ng	Leonard Rudner	Marlyn Reynolds	Raymond Dwarto	Sidney Assor	Yan Liu
Gisela Van Steen	Joan Patterson	Lesley Wood	Mary Lee	Raymond Kilroy	Sin Lee	Yang Im Kim
Gloria Ciccarelli	JoAnn Crull	Lianne Bond	Mary Maron	Remilyn Campos	Siu Bing Lee	Yolanda Perez
Grant Bolt	Joanna Keliar	Lily Cheng	Matthew Wood	Richard Rogers	Soheila Mahbod	Youn Hwan Kim
Gregg MacDonald	Jo-Anne Copeland	Lily Friendly	Maureen Burrows	Richard Tang	Sonya Murray	Young-Chang Kim
Hanxian Hu	Joe Aquino	Lily Yee	Mee Ling Cheung	Robert Mahalec	Sooyeon Kim	Yvon Morency
Heinz Rimmele	John K. Hussein	Linda Herron	Melchor de Vera	Roberto Hernandez	Sophie Gatsos	Zarrena Vasquez
Helen Bergman	John Sproule	Linda Young	Melissa Kaan	Ronan Fishman	Soraya Mohamed	
Helen Chun	Jon Cumming	Liza Franes	Merav Stein	Stacey Grammick	Stacey Chung	
Helen Leon	Jookyung Cha	Lloyd Lee	Michael Levitt	Stacy Hilliman	Stacy Hilliman	
Helene Linka	Jose Tan	Loren Freid	Michael Manangan	Stanley Glazer	Stella Ip	
Helga Voss	Joseph & Eleanor Posner	Lorne David Opler	Michel Klampf	Stephen Chow	Stephen Chow	
Hilda Moessner	Josephine Harauz	Lorraine Manoim	Michelle Le Piane	Stephen Hopf	Stephen Hopf	
Hio Lam Lai	Josephine Woodley	Lorrie Ming-Sun	Michelle Micallef	Stephen Steele	Stephen Steele	
	Joyce Clute		Mimi Lee	Stephnie Dowrich	Stephnie Dowrich	
	Judy Held		Min (Betty) Sun			

THERE'S ALWAYS  
ROOM FOR MORE...



# VOLUNTEER SERVICE AWARDS

## 2017 ONTARIO VOLUNTEER SERVICE AWARDS

**20 YEARS**  
PATRICIA SMITH  
IRMA FELDHEIM

**15 YEARS**  
MADELAINE HARE

**10 YEARS**  
MARILYN JOHNS  
DAVID MCLIMONT  
MOHAMMAD ZAMANY

**STAFF SERVICE AWARDS**  
**5 YEARS**  
KATHRYN MCCARTNEY  
**10 YEARS**  
ANILYN GALAROSSA  
LUDMILA BACHMUTSKY

# WAYS YOU CAN HELP

‘To me, it’s important that you laugh every day. You have to laugh every day and you do that here,’ says Helen, one of our long-time members at the ALC.

There are so many ways that you can make a difference in the lives of the people we support - like Helen. One way is to host your own fundraising event.

Do you love to bake? You can do a bake sale.

Are you downsizing? Sell the items you don’t need and donate the proceeds to NYSC.

Are you celebrating your birthday, graduation or other special events? You can order insert cards from us to give to your guests to make a donation to NYSC.

The possibilities are endless and we are happy to help you get started.

TO LEARN MORE, CONTACT THE DEVELOPMENT COORDINATOR AT 416 733.4111 EXT 221 OR EMAIL@NYSENIORS.ORG

VISIT [WWW.NYSENIORS.ORG/GETINVOLVED/](http://WWW.NYSENIORS.ORG/GETINVOLVED/)

## WHY NOT HOST YOUR OWN FUNDRAISING EVENT?







## ACTIVE LIVING CENTRE & VOLUNTEER SERVICES

21 Hendon Avenue,  
North York, ON M2M 4G8

Tel (416) 733-4111

Fax (416) 733-1858

## A DAY AWAY CLUB & SENIOR CARE

80 Sheppard Avenue W.  
North York, ON M2N 1M2

Tel (416) 733-4111

Fax (416) 225-9867

[nyseniors.org](http://nyseniors.org) [activelivingcentre.org](http://activelivingcentre.org) [email@nyseniors.org](mailto:email@nyseniors.org)

 [facebook.com/NYSCentre](https://facebook.com/NYSCentre)

 [twitter.com/nyscentre](https://twitter.com/nyscentre)

 [linkedin.com/company/north-york-seniors-centre/](https://linkedin.com/company/north-york-seniors-centre/)

 [pinterest.ca/nyscentre/](https://pinterest.ca/nyscentre/)

Charitable # 11906 2545 RR0001

# Enhancing Lives

North York Seniors Centre operates with funding from:



Employment and  
Social Development Canada

## BOARD OF DIRECTORS

### Chairperson:

Peter Fuchs

### Vice Chairperson:

Tracey Woo

### Treasurer:

Stephen Steele

### Secretary:

Ann Padmore

### Directors:

Amanda Feng

Melissa Kaan

Janice Lai

Jamie Mayer

Karen Parsons

Leonard Rudner

Caterina Valentino

Andy Kin On Wong

### Executive Director:

Candace Thomson

### Recording Secretary:

Erin Andrews

### Past Chairperson:

Ildi Dereza